

Summer Class Schedule Virginia Arts & Sports June 1- August 31 2010

Teams & Classes Cheer/Tumble	Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Senior/College Open Independence	7:00-10:00						
Senior FREEDOM	2:00-5:00	6:30-8:00					
Junior HONOR			6:30-8:00		6:30-8:30		
Youth LIBERTY			5:00-6:30		5:00-7:00		
Mini PEACE				5:00-6:30		5:00-6:00	
Tiny SPARKLERS			4:15-5:15	4:15-5:15			
Tumble Beginner			9:45- 10:15am		4:30-5:15		
Tumble Intermediate			10:00- 10:45am	5:30-6:30	5:15-6:00		
Tumble Advanced			10:30- 11:15am	6:16-7:00	5:15-6:00		
Open Gym/Tumble						6:30-9:00	
Cheer Technique					9:30- 10:30am		

Teams & Classes Dance	Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Jazz Junior 1			5:15-6:00				
Jazz Senior 3	6:00-7:00						
Hip Hop Youth				7:00-8:00			
Hip Hop Junior		5:00-6:00					
Hip Hop Senior/Open	5:00-6:00						
Youth Lyrical 1		5:45-6:30					
Junior Lyrical 1						5:45-6:30	
Junior Lyrical 3						6:30-7:30	
Senior Lyrical 2		8:15-9:15					
Senior Lyrical 3			8:00-9:00				
Preschool Ballet/Jazz				4:00-5:00			
Group Performance							9:00-1:00

Please note this is a GENERAL class schedule.

***Practices may be added during competition season or changed due to emergency situations, holidays/weather or any other necessary closings.**

You must sign up before each Fridays Open Gym, this will only be available if there is atleast 6 members. The Open Gym fee is \$5 per athlete. For Cheer Members paying the additional \$10 Tumble tuition fee, the open gym sessions will be FREE.